



VITANYA[®] COMMAND

Advanced Human Performance
For Law Enforcement





Next Level Law Enforcement BRAIN PERFORMANCE FOR POLICE

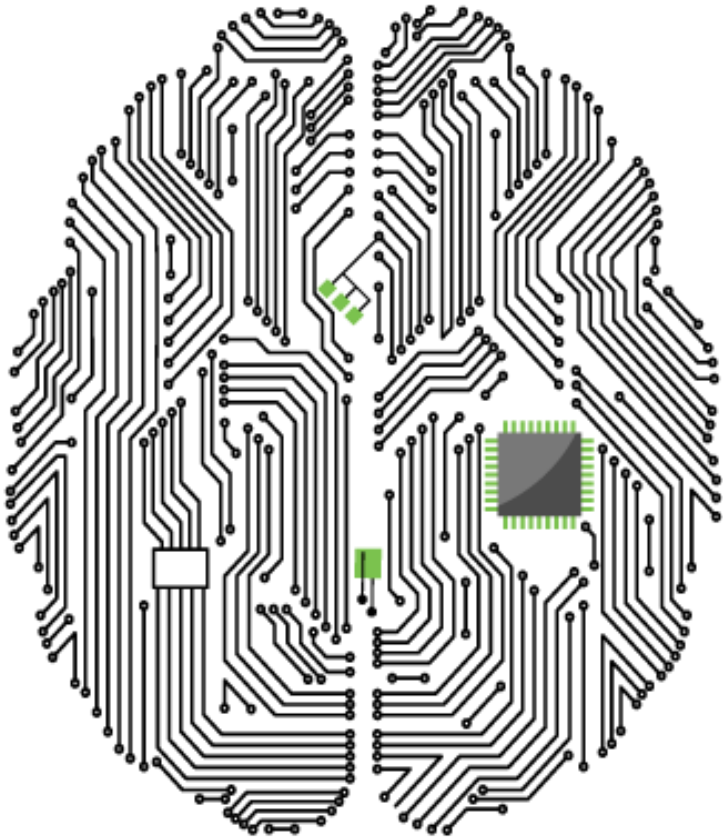
Police Departments are rapidly turning their attention toward optimizing the mental strength of their officers to improve reaction time, decision making and stress resilience. These are key factors for creating safer communities.

This unique program is designed to optimize police performance through improved brain performance.

Top 5 Reasons Police Choose VITANYA

1. Improved Restfulness & Sleep
2. Strategic Planning & Tactical Execution
3. Complex Decision Making & Problem Solving
4. Focus, Memory & Reaction Time
5. Calmness & Clarity during Crisis Escalation

How Neuroscience Can Help POLICE GAIN A MENTAL EDGE



Advanced Human Performance

Law enforcement, 1st responders and military are now turning to mental strengthening and conditioning to increase safety and wellbeing, as well as optimize performance. Vitanya now makes breakthroughs in cutting edge neuroscience assessable to police organizations elevating high-level job and department performance.

Providing Officers Root Cause Solution

Science has discovered that prolonged stress creates long-term negative brain changes. Police officers and other law enforcement personnel have proven to be vulnerable to stress related illness. We have developed a comprehensive program that focuses on the brain's ability to increase resilience and performance. The application of neuroscience is now providing new insights regarding the brain's ability to be strengthened and improve function and performance in every way.

Officers Optimized PHYSICAL & MENTAL HEALTH

LAW ENFORCEMENT PERSONNEL rely upon their physical and mental health to perform at optimal levels. Injuries, illness, and incidents can all create additional complication that ultimately cost the department time and money.

IMPROVE PEAK PERFORMANCE

Physical

- Energy
- Strength
- Endurance
- Immune System Support
- Alertness
- Quality of Sleep

Mental

- Clarity
- Focus
- Resiliency
- Emotional Regulation
- Memory
- Decision Making
- Vision
- Organization
- Initiation
- Flexibility
- Planning
- Stress Management
- Social Connection
- Confidence
- Problem Solving
- Mental Reaction Time



Delivery Methods

The First U.S. Tele-Remote On-site Delivery of Police Brain Performance

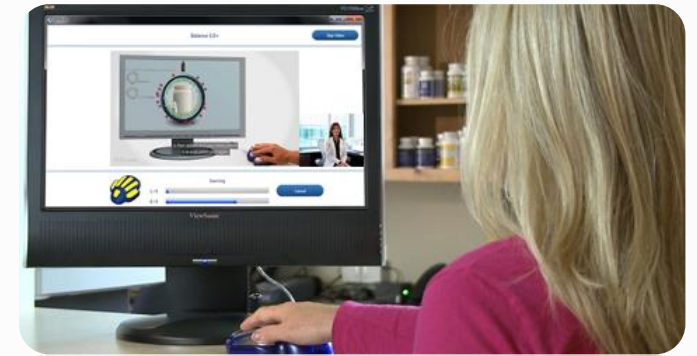
Mobile



Retail Centers



On-Site Locations



Vitanya Command

PROGRAM HIGHLIGHTS

Onsite Brain Performance Station

- Mental Resilience Training & Education
- Technology & Coaching Provided Onsite
- 24/7 Access for All Department Personnel

Nutritional Support

- Neuropathway Reformation
- Resiliency Development
- Mental Strengthening

Three-Step Neuro Development Cycle

- Initial Focus on Improved Restful Behavior
- Redevelopment of Optimized Neuropathways
- Program Completion with Alpha Performance



Vitanya Brain Performance Station

REPAIR. RESET. RECHARGE.

- Neuroscience technology-driven solution
- Ease of operation
- Ph.D. oversight and reporting
- Monthly reported improvement in resiliency
- Monthly reported improvement in executive functioning
- Monthly reported improvement in the quality of life
- Completely operational in 60 days
- Initial and ongoing officer educational series “lunch & learn” to promote usage



Military Brain Performance for Police STUDY RESULTS

Program Participant Cohorts: All military veteran participants worked as full-time employees at Charles Schwab.

Recruitment: A meeting of potentially interested program candidates was organized by Schwab's Military Veteran Network with Vitanya making a presentation. The MVN recommended candidates, and they were interviewed and ultimately accepted by Vitanya.

271%

Improvement to
Sleep Satisfaction

74%

Reduction of the
Impacts of Trauma

30%

Improvement to
Quality of Life

17%

Improvement to Executive
Functioning & Work
Performance

A Multi-Disciplined Approach to MENTAL STRENGTHENING FOR POLICE

Neuroscience Proven Technology

- The only FDA cleared wellness scanner
- Decades of research performed
- 28,000 sessions performed in 2019

Brain Focused Supplement Support

- Promotes positive neuroplasticity
- Supports nutrition delivery to the brain
- Improves sleep and relaxation

Brain Performance Coaching

- Identifies stressors and imbalances
- Measures focus and stress capacity
- Maps underperforming neuropathways



Learn More

vitanya.com/police